Quantum Phase Transitions in Two Dimensional Helium Films

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We discuss recent experiments on two dimensional helium films adsorbed on graphite, which provide simple model systems to study quantum criticality. The continuous "tuning parameter" is either density or "van der Waals pressure". Examples include: the Mott-Hubbard transition of a 3 He monolayer; 3 He bi-layer film – a two band heavy fermion system with quantum criticality; superfluid-Mott insulator transition in 4 He films.